

Time Crystals

Clearing the Space Frozen in Time

June 7-9, 2017

Camp Asbury
Hiram, Ohio

Releasing Time Crystals

This workshop will be how to use shamanic tools to thaw time crystals frozen in the auric field of each other. We will learn to sensitize to the existence of time crystals while supporting each other to release the frozen event(s) through the cold, burning, cool, warm sensations of releasing the pain body of emotions that prevents the time crystal from being fully absorbed back into our life force (field).



Background

In prior workshops, we focused on time is a place in space or if you prefer a location in our life of experience. Because our bodies go through a natural life cycle, time was created to provide a way to make meaning of what happened, what is happening, and what might happen--past, present future. Similarly, we examined the ping-pong effect of difficult, traumatic, or unfinished experiences that tend to be frozen in time that seek resolution by unfreezing the past by recreating the prior event in the future. This creates a bouncing back and forth between past and future instead centering in the present. In the present, we can actually release the frozen energy of the event by being the centered container of our entire life. As the adult we are, we can move the frozen energy to the present, thaw it, and release it. When we do this from the present, we are releasing the future to be the reflection of our growth as a fully centered person instead of our idealized past healed. And we are freeing the past to

be fully integrated as memories of how we became who we are and a centered, whole person.

Time Crystals

Scientists have confirmed time crystals. They are in constant motion without energy. But time crystals have a structure that repeats in time, not just in space. And it keeps oscillating in its ground state as if seeking to find a form of resolution or equilibrium. Imagine it like jelly - when you tap it, it repeatedly jiggles. As such, a time crystal is like constantly oscillating jelly in its natural, ground state incapable of sitting still yet still frozen (in time). The big difference here is that the motion occurs without any energy and the time crystals repeat in time, as if you jiggled the Jell-O and found that somehow it responded at a different period.



In shamanic realms, these are frozen moments in time. Unplugged from the present in terms of conscious awareness yet seeking the energy to thaw and be resolved. It floats back and forth between the past and the future seeking the energy that can reconnect the crystal to the present, conscious awareness. Hence the feeling of ping-pong when trying to address these events frozen in place outside the present.

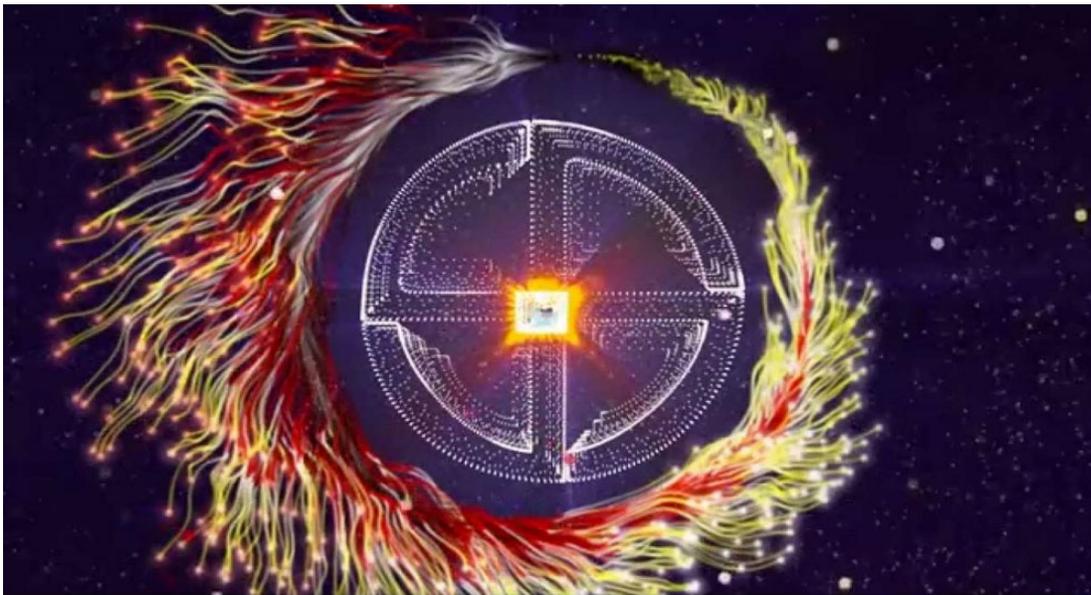
When we focus energy into the past, the pain body is triggered because it activates the frozen (unfinished) emotions. This reignites the original experience, creating dissociation in the present or a jump of conscious awareness to an idealized future. What if we decide to heal the past and future from the center of our present life? We are applying life force to the time crystal releasing it from its frozen, non-attached state and reuniting it as a memory within our conscious presence.

Use of Intention and Prayer

The most mysterious property of subtle energy (often called prana, or chi) is that it interacts with our consciousness. Moreover, the human mind is capable of directing subtle energy and commanding it to do whatever we want. The underlying assumption of prana healing is that the subtle body acts as a “blueprint”, so once the “prana” is cleared and decongested, the subtle body will react positively to the balanced energies and subsequently be relieved. As some have discovered, the medicine wheel can clear the pain body and decongest the prana so that the life force can flow freely.

Our intention is a critical part of our presence. Often, we do not realize that our thoughts and emotions are creating an unconscious energy that can impact our intentions. In some cases, it can sabotage our dreams and when we are being a healing presence for our self and others.

Intentionality is essential for healing because intention derives from a primitive reality-based drive for relief. Intention therefore is usually accompanied by a commitment to perform an intended action and is considered the "crown jewel" of healing. Some researchers have conceived of a transcendent dimension of reality, where the boundaries of locality, distance and time do not apply, inferring a "space" whereby human beings can project their will or intention on to other systems. It has also been suggested that spiritual and psychic healing enhances body defenses through accelerated enzymatic activity, the outcomes of which are experienced as a sense of wholeness or at one. The conscious state of being "at one" with a healing intention is thought to evoke a self-healing process for both the healer and the one being healed.



Who Should Come

The workshop is designed for people from all walks of life. It is focused towards expanding the awareness of spiritual explorers, healing and shamanic practitioners, and the delightfully inquisitive.

What to Bring

Please bring any rocks or crystals that want to come along. A journal notebook is encouraged as well as any comforts for sitting on the floor, such as floor chairs, back supports, blankets, pillows, etc. Bring lots of grounding stones.

Plan For

We will be in the outdoors of the many sacred energies of Bethel Horizons Camp. Plan for hiking and spending some in nature. Plan to learn to clear your subtle energy field and to adjust it with each moment by being a living, healing presence.

Details

The workshop is residential and will be held at Camp Asbury near Hiram, Ohio. You will receive detailed directions and a list of what to bring with your registration. Please include your email with any registration. We will send out registration confirmation.

To Register

The fee for the workshop is \$450 if paid in full by May 1st, 2019. If paid after May 1st, 2019, the fee is \$495. This includes room and six hot meals as listed above. The deposit will not be transferred or refunded. It will be applied to the guaranteed fee of Camp Asbury. Cancellation within 2 weeks of the workshop will not receive a refund.

To hold your space, send \$120.00 nonrefundable deposit now.

For further information, email Herb Stevenson at herb@onewhitehorsestanding.com to reserve a space in the circle. Please send a check, payable to Herb Stevenson. Mail the check to Herb Stevenson, 9796 Cedar Road, Novelty Ohio 44072-9747. Once paid-in-full you will receive info on your stay at Camp Asbury.

We will begin class at 9 am on each day and end at 2:00 pm on Sunday afternoon. If you have questions, please contact Herb Stevenson at herb@onewhitehorsestanding.com

