



Hawk Medicine

June 3-5, 2016

**Keynote: Visionary power and guardianship.
Cycle of Power: Spring/Fall Equinoxes--New Moon.**




Keenest eyes of all raptors. They are impressive and stir the imagination. Their hunting ability, their eyesight, and their powerful flights and other behaviors are dynamic symbols. The red tailed hawk is a messenger. Its red tail is symbolic of the kundalini, the seat of the life force. In the human, this is the base chakra. It can reflect that you will be working with the life-force or that you will work with the hawk after the kundalini is activated or that childhood visions are becoming empowered and fulfilled.

The ability to soar and glide upon the currents is part of what it can teach. It teaches how to fly to great heights while keeping your feet on the ground. Hawks may be attacked by people who won't understand you or different uses of your creative energy. They may attack your ability to soar.

Rising to a higher level can bring a rapid development of the psychic energies. It helps us in balancing and using these senses appropriately. It teaches the balance necessary to discover our true purpose. The red reflects a greater intensity of energy at play within your life. It reflects an intensity of physical, emotional, mental, and spiritual forces. It is a catalyst for stimulating hope and new ideas. It reflects a need to be open to the new or shows you ways that may help teach others to be open to the new.

Because of the strong life-force activated by this totem, an individual with it must be careful in how they express themselves. There will unfold within you the ability to tear off the heads of any snakes in your life, or anyone or anything seen as an enemy. Your comments and actions will be like the hawk's beak and talons—strong and powerful, but with a capability to tear and/or kill.

The feathering of the red-tail actually has two phases. In the summer it is lighter and darker in the winter. The lighter phase is symbolic of more joyful and sociable kinds of energy. The darker phases can reflect a time to be alone and to withdraw a little. Its phases help us to guard against blazing so brightly and intensely that we get burnt out. Through its flight it communicates with humans and the great creator spirit. It awakens our vision and inspires us to a creative life purpose.





Wholeness

In the silence of who we are, we discover a part of our self that is sacred. This part of our self does not come to the surface through determination or brute force or sheer will power. Rather it emerges from within the sacredness of who we are when sacred space is opened and safely held. When we touch our own sacredness, we touch our soul.

What to expect: The workshop will do several shamanic journeys over the course of the weekend. The focus of the workshop is total immersion into the spiritual world for two days so that the emergence of one's soul can surface through a memory, an insight, or a deep awareness. A large altar/vortex is created with four large rose quartz crystals and one large selenite. This creates a massive energetic field. Within this field, the people are able to find the safety necessary for the soul or inner parts of the self to come to the surface to heal and be healed. It is common for people to have transformational healing experiences.



Who Should Come: All participants need to be experienced with the shamanic journey.

What to Bring: Please bring any rocks or crystals that want to come along. A journal notebook with colored pencils or pens is encouraged as well as any comforts such as blankets, pillows, etc.

When and Where will it be held When and Where to Come

Registration will begin at 12:00 PM on Friday, March 18th at Camp Asbury. The workshop will begin Friday running into the night, Sat-all day and into the evening, and Sunday 9:00 a.m. to 2:00 p.m. The workshop will be held at Camp Asbury in Hiram Ohio.

What to Pay

The fee for the workshop is \$415 if paid by May 1st, 2016. Send \$100.00 deposit to hold your space or call Lauren if you need to discuss payment. If paid after May 1st, 2016, the fee is \$475. This includes room and six hot meals as listed above. There is a \$50 cancellation fee for withdrawing from the workshop after March 1st.

For further information, kindly call Lauren at 216-272-8438 or e-mail lauren@therockgirls.com to reserve a space in the circle. Please send a check, payable to The Rock Girls inc. Mail the check to The Rock Girls Inc. PO Box 24455, Cleveland Ohio 44124. Once paid-in-full you will receive info on your stay at Camp Asbury. Class size is limited to 26.

Presenter: Herb "One White Horse Standing" Stevenson (Shawnee and Cherokee) has been exploring indigenous healing practices for over 20 years. <http://www.onewhitehorsestanding.com>

