



Moose Medicine

December 2-4, 2016

Camp Asbury, Hiram, Ohio

This workshop will begin a Horned Medicine Wheel. We will study Moose, Deer, Elk and Antelope Medicine over the course of 18-24 months. These powerful animals carry much wisdom. We look forward to making this journey together.

Moose Medicine Self Efficacy

Keynote:

Day-to-Day Courage leading to Primal Feminine Energies
The Magic of Life and Death

Cycle of Power: Late Fall and Early Winter---The Time of Approaching Shadows

The symbol of Moose represents self-esteem developed by masculine energy and the willingness to face the primal feminine energy that earns self awareness. Both are powerful energies within us. Moose is a prideful creature but not the pride of ego, rather the balanced pride of being able to recognize your good traits and accomplishments and being joyful of those qualities about yourself while having pride in your masculinity and sharing your wisdom with others. This is not just a message for males; we all have both masculine and feminine qualities in us.



Moose have the unique ability to plunge to the bottom of lakes, and can remain there feeding for up to a full minute before surfacing in a burst with fresh greens dangling from their mouths. It reflects the ability of the individual to have the courage to learn to go back into the depths and draw new life and nourishment from it. The Moose can teach the ability to move from the outer world to the inner. It can teach how to cross from life to death and back to stronger life. It teaches how to use the thin thread that separates life and death to one's advantage. Soul retrievals and Mediumship of working with the dead are part of this Medicine.

What to expect: The workshop will do several shamanic journeys over the course of the weekend. A large altar/vortex is created with four large rose quartz crystals and one large selenite. This creates a massive energetic field.





Who Should Come: All interested parties with journey experience.

What to Bring: Please bring any rocks or moose related items that want to come along. A journal notebook with colored pencils or pens is encouraged as well as any comforts such as blankets, pillows, etc.

Meals

Dinner will be served on Friday night, Saturday- breakfast, lunch and dinner, Sunday breakfast and lunch---departure at 3pm

When and Where to Come

Registration will begin at 12:00 noon on Friday, December 2nd at Camp Asbury. The workshop will begin Friday running into the night, Sat-all day and into the evening, and Sunday 9:00 a.m. to 3:00 p.m. The workshop will be held at Camp Asbury, 10776 Asbury Rd., Hiram Ohio 44234

What to Pay

The fee for the workshop is \$415 if paid by October 1st, 2016. Send \$115.00 nonrefundable deposit to hold your space or call Lauren if you need to discuss payment. If paid after October 1st, 2016, the fee is \$475. This includes room and six hot meals as listed above. The deposit will not be transferred or refunded. It will be applied to the guaranteed fee of Camp Asbury.

For further information, kindly call Lauren at 216-272-8438 or e-mail lauren@therockgirls.com to reserve a space in the circle. Please send a check, payable to The Rock Girls inc. Mail the check to The Rock Girls Inc PO Box 24455, Cleveland Ohio 44124. Once paid-in-full you will receive info on your stay at Camp Asbury.

Due to the workshop focus and the unique facilities, the attendance will be limited to 26 people.

One White Horse Standing

www.Onewhitehorsestanding.com

