

Books to Support Your Journey

Books

These are basic books that could support your journey. If you have specific interests, let me know and I will suggest other books. Check www.alibris.com or www.amazon.com for any books that are out of print or if you want to get lower prices.

Crystals and Stones

The Book of Stones (2005) Robert Simmons and Naisha Ahsian. Excellent resource for crystals. High quality photos for identification and indepth guidance on the use of stones.

www.heavenandearthjewelry.com or www.heavenandearth.ws

Love is in the Earth, Melody. Several Books with the same lead title and subtitles to distinguish between the indepth descriptions, photos catalog, etc. Consider one of the best.

Michael's Gemstone Dictionary An excellent quick reference.

Remembrance of Relations

Animal Speak, Ted Andrews. A book that describes the medicine of animals and what they can teach us. It brings back the childlike innocence of meaning making lost while we are formed into young men.

Nature Speak, Ted Andrews. A book that describes the medicine of nature and what it can teach us. It brings a remembrance of what we have forgotten since childhood or possibly from our ancestors.

Soulcraft: Crossing into the Mysteries of Nature and the Psyche, Bill Plotkin. A powerful book about crafting our soul through returning to nature.

The Archetype of Initiation: Sacred Space, Ritual Process, and Personal Transformation, Robert L. Moore, edited by Max J. Havlick, Jr.

Men's Issues

Sacred Manhood, Sacred Earth, Joseph Jastrab. A book on reclaiming the sacred masculine by communing with nature.

King, Warrior, Magician, Lover. Robert Moore and Douglas Gillette. A book describing the rediscovery of the mature masculine. There are four more books by these authors that go into more detail about each of the male archetypes.

The Hero with a Thousand Faces, Joseph Campbell. A book describing the various forms of hero's journeys that have been employed to catapult the boy into manhood. A failed journey requires the boy/man to constantly save the world and become a hero in some way.

Warriors of the Light: A Manual, Paulo Coelho. 2003. New York: Harper Collins

The Hear Aroused: Poetry and the Preservation of the Soul in Corporate America, David Whyte. An interesting exploration of the healer/magician energy. He has several tapes through www.soundstrue.com that are excellent.

Unholy Hungers: Encountering the Psychic Vampire in Ourselves and Others, Barbara E. Hort. A Jungian analysis of masculine and feminine energy gone awry.

Masculinity and Femininity

The following books are by David Deida. Powerful books that cut through the typical illusions of masculine and feminine energies. Not for the faint hearted. www.soundtrue.com

Blue Truth: A Spiritual Guide to Life and Earth and Love and Sex.

The Way of the Superior Man: A Spiritual Guide to Mastering the Challenges of Women, Work, and Sexual Desire.

Dear Lover: A Women's Guide to Men, Sex, and Love's Deepest Bliss

Finding God Through Sex: Awakening the One of Spirit Through the Two of Flesh

Wild Nights: Conversation with Mykonos about Passionate Love, Extraordinary Sex, and How to Open to God.

Other Deida books----- www.hci-online.com

Intimate Communion: Awakening Your Sexual Essence

It's a Guy Thing: An Owner's Manual for Women

Cross-Cultural Sources

The Four-Fold Way, Angeles Arrien. A book describing the process of walking the paths of the warrior, teacher, healer, and visionary

Native American Wisdom, Kristen Maree Cleary. A collection of sayings.

Zen Lessons: The Art of Leadership, Thomas Cleary. A thoughtful book of Zen lessons on character, integrity and leadership.

The Essential Rumi, Translated by Coleman Barks. Selected stories and poetry from the Persian mystic.

The Elements of the Qabalah, Will Parfitt. The core of Jewish Mysticism. A basic text that stretches the mind to include mystery and spiritual possibilities.

Who Were the Celts, Kevin Duffy. A way to find ones European ancestry that preceded the invasion of Rome which became the core of Western Civilization. A nice peek in to where you came from.