



# FIRE: The Flicker That Transforms

February 20-22, 2026

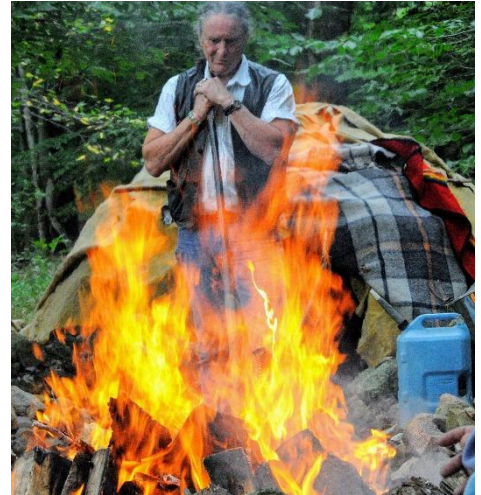
Fire has been one of humanity's oldest companions and spiritual teachers. Across cultures and traditions, it carries layered symbolic and sacred meanings that often weave together transformation, destruction, purification, and renewal. Here are some of its spiritual dimensions:

## 1. Element of Transformation

Fire is a force of change. It transforms wood into ash, darkness into light, raw food into nourishment. Spiritually, fire symbolizes the alchemy of the soul—burning away what no longer serves and opening space for new life. It is the inner flame of growth, passion, and creativity.

## 2. Purification and Cleansing

Many traditions see fire as a purifier. Rituals often use flames to cleanse spaces, objects, and energies. Symbolically, fire burns away impurities—whether physical, emotional, or spiritual—bringing clarity and renewal. In this sense, fire is a gateway to spiritual clarity.



## 3. Light and Illumination

Fire brings light into darkness. It has long represented divine wisdom, consciousness, and enlightenment. The spiritual fire is often spoken of as the “inner flame” or “spark of divinity” that guides us toward truth and awakens higher awareness.

## 4. Passion and Life Force

The fire element is associated with vitality, willpower, and desire. It represents the animating force that drives action, courage, and creativity. In the heart, fire is the warmth of love; in the body, it is the heat of life; in the spirit, it is the call to live fully and authentically.

## 5. Destruction and Renewal

Fire destroys as much as it creates. Spiritually, it symbolizes endings that make way for beginnings. Like forest fires clearing old growth for new ecosystems, fire teaches the necessity of letting go. It embodies the cycle of death and rebirth.

## 6. Sacred Ritual and Connection

From ancient hearth fires to ceremonial bonfires, fire has always been central to ritual. It is a bridge between the earthly and the divine, carrying prayers upward in smoke and connecting humans to the cosmos. In many cultures, keeping a fire alive meant keeping spirit, community, and lineage alive.

## 7. Inner Flame of Spirit

Mystical traditions often speak of an inner fire:

- In yoga, the **agni** (digestive fire) and **kundalini fire** awaken transformation.
- In Christian mysticism, the “fire of the Holy Spirit” represents divine presence and inspiration.
- In shamanic practice, fire is a teacher of vision, courage, and purification.

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✨ **In essence:** Fire is the living symbol of transformation, purification, passion, illumination, and renewal. It invites us to burn away illusions, ignite our inner spark, and live with warmth, light, and clarity.



### Who Should Come

This is an open workshop so spiritual explorers or those seeking deeper understanding of themselves are welcome.

### Create your Space

Each person is encouraged to bring whatever stones or crystals that feel appropriate or necessary to support your process. Comfortable chairs and blankets to support you are suggested.

### Meals

Dinner will be served on Friday night, Saturday- breakfast, lunch and dinner, Sunday breakfast and lunch

### When and Where to Come Show up on time

Registration will begin at 12:00 PM on Friday, the 20<sup>th</sup> at Camp Asbury. The workshop will begin Friday at 3:00 pm running into the night, Sat-all day and into the evening, and Sunday 9:00 a.m. to 12:00 p.m. The workshop will be held at Camp Asbury, 10776 Asbury Rd., Hiram Ohio 44234.

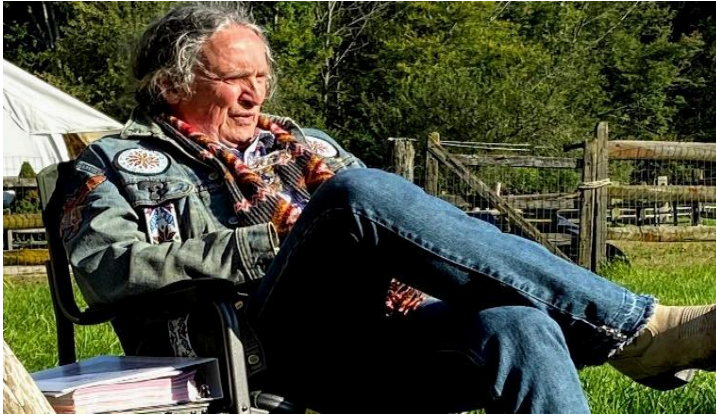
For further information, kindly email Lisa Roll Kayser, [kayseroll23@gmail.com](mailto:kayseroll23@gmail.com) or [herb@onewhitehorsestanding.com](mailto:herb@onewhitehorsestanding.com)

### What to Pay

The fee for the workshop is **\$395 if paid by January 10th**. If paid after the 10th, the fee is **\$495**. Payments can be made via Check or Zelle.

If **paying by check**, send a cheque payable to Herb Stevenson, 9796 Cedar Road, Novelty, Ohio 44072. Once paid-in-full you will receive info on your stay at Camp Asbury.

Due to the workshop focus and the unique facilities, the attendance will be limited to 25 people.



*Herb Stevenson*

<http://www.onewhitehorsestanding.com>