

# Snowy White Owl

December 13-15, 2024  
Camp Asbury, Hiram Ohio

It is larger than the great horned, but it is most noted for its white coloring. It is found in the open tundra of the arctic, but it will migrate as far south as is necessary to find food.

Most owls hunt by night, but like the short-eared owl, the snowy is at home both night and day. It can hunt in full sunlight or total darkness. It has the unique ability to open and close its iris to adjust to whatever light intensities (or lack of) there may be.

The snowy owl hunts predominantly by **sitting and waiting**. They seem to hunt lazily and often appear to be resting. This is far from the true. They conserve their energy, and they are **continually observant**, going into action when the opportunity presents itself. This sense of timing is part of what the snowy owl can teach.

Its primary prey are lemmings and arctic hares. These should be studied by anyone with this bird as a totem. It will usually eat its weight in food every day, and like the short-eared owl, it has a knack for moving to areas where food supplies will more likely be found. It seems to **instinctually detect** possible famine periods and thus is able to move at opportune times and return as well. This kind of **prophetic instinct** is part of what this bird can teach. It has the power of prophecy and spirit.



When the snowy moves into a new area, it **does not proclaim its presence. It enters quietly and goes about its own business.** This is part of what makes it successful. It can teach us this same ability. When it walks, its talons are withdrawn into its well-padded feet. Again this reflects its **ability to be non-threatening in spite of its power and ability.** It accomplishes its tasks with timing and skill, not through intimidation. **True strength is gentle, and this is what the snowy teaches.**

This is a very skillful bird at the game of survival. Even the young can sprint, swim, and even play dead if it is necessary, assuming an almost torpid state. This bird seems to embody the strength and power of the great horned, while having the temperament of the barred. And on top of it all, it has the skill, courage, and talents of the short-eared.

## Who Should Come

This is an open workshop so spiritual explorers or those seeking deeper understanding of themselves are welcome.

## Create your Space

Each person is encouraged to bring whatever stones or crystals that feel appropriate or necessary to support your process. Comfortable chairs and blankets to support you are suggested.

## Meals

Dinner will be served on Friday night, Saturday- breakfast, lunch and dinner, Sunday breakfast and lunch

## When and Where to Come

Registration will begin at 12:00 PM on Friday, the 13th at Camp Asbury. The workshop will begin Friday running into the night, Sat-all day and into the evening, and Sunday 9:00 a.m. to 12:00 p.m. The workshop will be held at Camp Asbury, 10776 Asbury Rd., Hiram Ohio 44234.

For further information, kindly email Lisa Roll Kayser, [kayseroll23@gmail.com](mailto:kayseroll23@gmail.com) or [herb@onewhitehorsestanding.com](mailto:herb@onewhitehorsestanding.com)

## What to Pay

The fee for the workshop is \$495 if paid by November 10th. If paid after 10th, the fee is \$545. Payments can be made via Check, PayPal or Zelle.

If paying by check, send a check, payable to Herb Stevenson, 9796 Cedar Road, Novelty, Ohio 44072. Once paid-in-full you will receive info on your stay at Camp Asbury.

Due to the workshop focus and the unique facilities, the attendance will be limited to 21 people.

Herb Stevenson

<http://www.onewhitehorsestanding.com>

